## HALCYON HERALD



# HALCYON REHABILITATION IN ACTION AND PERFORMING GREAT THERAPY. BETTER LIVES.

# WELCOME TO HALCYON REHABILITATION

### 'Greetings' from the President

Happy "Almost" Spring Halcyon Family!

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As I write this letter in my home of Cleveland, Ohio, I am listening to the spring birds that have returned. This always gives us northerners a sign of hope that spring truly is on the way! As I have been listening to the sound of their returned chirping and their message that, "spring is on the way", it reminds me of how I am also feeling after the past year's Covid-19 Pandemic. I believe that we are all feeling a newfound sense of hope just around the corner! We have all been eligible for the vaccine if we choose or have chosen to have it, and our residents, parents and grandparents are either starting to be vaccinated or have been vaccinated if they choose to be. This new sense of HOPE allows us to believe that our old way of life may be coming back soon, and I believe helps us feel a bit lighter with hope in our hearts and minds!



All of the above being said, this has been a truly life-changing year for all of us. No one person has escaped the Covid-19 Pandemic fully; we have all taken our share, some more than others, of repercussions from the pandemic However, there have also been stories of such love, courage and bravery; true heroic and loving actions from unsuspecting individuals and groups of people. The true grit of the human spirit has been identified, as well as the ultimate acts of selflessness and grace. I have been witness to this by reading, listening to and watching all of these acts by each one of you; our Halcyon Family of clinicians. While each of you were enduring your own sense of fear and struggles within your personal lives, you continued to "show up" physically, mentally and emotionally for each other as well as to our most fragile members of our society, our residents. You put your own fears in the back of the bus and continued to work tirelessly for those that could not help themselves. Some of you slept in your garages from fear of spreading the virus to your family. Some of you made study groups and childcare groups for your children to help each other with our very own most precious possessions. You ALL gave something of yourselves, and all the while continued to get up each day and do it over again. For this and so much more, you

are my HEROES! You are the rock of our company, each one of you making up a piece of brick that is unique to only you, a piece that creates the sturdiness of this amazing company, Halcyon Rehab.

For this and so much more, I continue to thank-you and appreciate all that each of you bring to our company and residents every single day. We move forward with hope into spring, a new beginning for all of us! I am extremely excited to be starting my first facility visits this month, and hope to see some of you very soon in person and thank you for a job well done! I will also be posting on Twitter again in the near future, so look for contests and join me in my continued quest to become #HalcyonHealthy! Thank you all again, and "hats off" to not just a job well done, but to also shining your amazing human kindness to all of us!

Most Sincerely, Connie

# **NEW WEBSITE**



### **Announcing our Brand New Website!**

Early this February we were excited to announce the launch of our brand new Halcyon website! We encourage everyone to take a look, if you have not already! We are very happy to have a user friendly website at our finger tips to share with prospective patients, families, therapists, clients and partners!







# "HATS OFF" TO...



Would you like to recognize someone by submitting a "Hat's Off " story for our next edition of the Halcyon Herald? Please submit your story to your Rehab Director today!



#### **Skilled Nursing Rehab**

#### Making a Difference

#### Jenna Akins, OT - Arcadia Health and Rehab

Jenna Akins is an Occupational Therapist at Arcadia Health and Re-



hab. She has been such an asset to the team here for so many reasons. Jenna has an amazing work ethic, is always professional and compassionate when working with patients. Jenna demonstrates amazing clinical skills while working closely with the COTAs, always ensuring to consult with them regarding their patient's progress, and is always available to them to provide guidance, education, and problem solve to assist them in their treatment sessions to ensure the patients attain the highest out-

come possible. Jenna happily agrees to help at other facility, and HRH whenever needed. Jenna is a true team player. Jenna is a major source of the positive energy that is well noticed by her therapy team and our customer Gulf Coast Healthcare.

#### **Exceptional Speech Therapist**

#### Alison Ortega, SLP - Margate Health and Rehabilitation

Alison is an exceptional Speech Therapist who sets a high standard for herself and the rest of the team. Alison identifies potential in all patients by using her clinical experience, knowledge and skill. She welcomes every patient with a cheerful smile. Her demeanour is very positive and pleasant. Her communication with all staff, residents, and family member is effective, positive, and informative. Alison takes initiative in performing screens for the department, educates kitchen and facility associates, and provides in-services and training to facility staff regarding patient care. Alison is always looking for opportunities to learn and educates the rest of the staff on effective treatments for her residents. Alison embodies all the qualities of a great clinician: she is patient, innovative, confident, personable, positive, and passionate. Her DOR, Victoria Franco, describes Alison as "full of enthusiasm that is contagious to the rest of the rehab team," and states that "Alison's attention to detail is impressive making everyone's job a lot easier." Thank you so much Alison! Continue to raise the bar!

#### Team Difference

#### **Boyington Health and Rehabilitation**

Attached is a letter from a resident who was a recently at the Boyington. I am submitting this team for the Making a Difference Hats Off Award. The team has endured multiple staffing changes in the past year as well as the highest influx of COVID residents in the region and has not missed a beat in delivering the best care possible. As the attached letter shows the residents really can feel the love and passion that this team has for their department and residents.

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Over who you are trank your for my left.



# "HATS OFF" TO...



#### Leadership

#### Kristina Vining, COTA/DOR - Simpsonville Rehabilitation & Healthcare



Kristina made a decision to make a difference in her leadership style and it has shown rewards over the past year. Kristina has set specific clinical and operational

goals for her team and then she has worked to see them

through to success. From participating in RAVE days to encouraging point of service documentation to improving efficiency of service delivery, Kristina has led her team! Leadership always makes a difference!



members. She involved all of the residents and the final product (our rock garden) won the 1st place award. She was also in charge of the pumpkin contest in which she was very creative in "Letting our Light Shine". She came up with the idea of a Charlie Brown Christmas theme for our Christmas door decorating contest that Hart Care Center has every year, and we won 1st place. Alisha loves to participate in contests and activities through Halcyon or Hart Care Center. She not only participates, but she strives to be as creative as possible while also always involving our residents. There are many more activities that Alisha has completed to incorporate with her OT patients to help engage them, but there are too many to list. Our residents really have been given more hope over the past year because of Alisha's initiative. Thank you Alisha for Bringing Hope and Courage to Hart Care and Halcyon!

### A Difference During a Pandemic Alisha Mitchell, FT COTA at Hart Care Center







Alisha has helped make a difference in multiple ways during the pandemic. Alisha has always gone above and beyond for the facility and residents, but she has been even more instrumental over the last year with helping our residents while family visitation has not been allowed. When the pandemic first began, employees were not use to being screened prior to entering to work which took everyone a while to get accustomed to. Alisha helped give extra encouragement by writing thank you notes from therapy for all caregivers to pick up as they were screened as well as a treat to go with it. When it became clear that COVID-19 was here to stay for a while, family visits were discontinued. As this continued, residents began to have fear of not seeing their family, fear of becoming sick with COVID-19, and fear of things not returning to normal. Alisha stepped in and developed our "Hope Is Greater Than Fear" theme. This theme started out as a painting on the therapy gym windows for patients to see as they came in the gym to help give them a little hope. Eventually, the painting was turned into Hope Cards that were distributed by Halcyon. Alisha made it her personal mission to help our residents continue to have hope and involve them in activities as much as possible. Next, she had the residents paint small flower pots that were placed outside close to the therapy gym which each patient really enjoyed. Alisha then helped involve some of our patients in making a video wishing Halcyon Rehab a Happy 10th anniversary. Alisha also took initiative in being in charge of the rock contest for Halcyon including involving facility staff, community friends, and family

#### Patient Sucess Story

As a group the therapy team decided to nominate L.J. for our Grand "Making A Difference" success story.

He was admitted to Grand Blvd. in 12/2019 with the intention of just staying a couple months for rehab. He has had variable fluctuations in his medical status as well as 1 hospitalization that affected his ability to d/c to home. He underwent a right AKA 3 years ago and did have a prosthesis when entering the facility. With his medical co-morbidities, shaping and edema management were very difficult at times, but with PT services originally we were finally able to don his prosthesis. He only wore his leg x 2 sessions and had another fluctuation with his medical status. Fast forward to six months later, we were able to get him into a prosthetist who gave him a new leg. He has pushed through his chronic pain, COPD, and is now ambulating up to 300' with prosthetic limb without assist from therapist. Even without the leg he was working really hard and pushing himself to hop walk x 100' to ensure he had the strength for his prosthetic limb. "A long time waiting" and he is seeing the light at the end of the tunnel! He is hoping to discharge back into the community with his family in a couple of months. He has done so well that we are transitioning him to an RNP next week to continue the gains therapy has made to ensure successful re-entry while he is waiting to get his last medical procedure (teeth pulled). He has come a long way and is so grateful for the time and patience it has taken to get to this place over the past 15 months. And we are so happy for him!!!

#### **Halcyon Rehab at Home Excitment!**





# "HATS OFF" TO...



#### Rehab at Home Heroes

#### HRH Heroes for Region Growth

Ashely Shirk - Grand Boulevard & Brandy Morgan - RCLC



Ashley Shirk and Brandy Morgan have been instrumental in the forward march for promotion of HRH! Both of these therapists have met with community ALF administrators to market our Halcyon at Home services and both are assisting

in the proactive approach to this continuum of care in communication at the facility level. We know that sometimes the process is not always overnight, but we are



excited to see the fruits of our labor grow with this wonderful program!

#greatjobAshley&Brandy!
#teamworkrocks! #weservecommunities!

#### **HRH Heroes!**

Scott Bradbury, DOR at Linley Park, Dawn Banks, DOR at Manna, Kimberly Poore, DOR at Patewood, Ioana Loftis, DOR at Capstone, and Kenya Taylor, DOR at Greer



These are ALL HRH Heroes! Each of these individuals have gone above and beyond to support and spread the word about HRH services in the Upstate SC area. Scott and Kimberly have visited many ALF's and marketed to many different sites. Dawn was the original supporter of HRH by ensuring that all of her evaluators were credentialed and arranged and rearranged staffing countless times to provide support for home therapy services to be completed. Ioana has jumped in at the drop of a hat to supervise visits and to provide treatment when needed. And last, but certainly not least, Kenya referred her mother to HRH and has observed the progress she has made first hand! When we envision leaders who support the HRH vision, each of these DOR's come to mind. They are HRH HEROES!

#### **Embracing HRH**

#### Kurt Frank, OT-Viera del Mar HRH

Kurt Frank, OT, was one of the very first clinicians to express interest and sign up to provide services for HRH last year. He has really embraced the program and assists his DOR in speaking to patients about continuing their therapy services at home with HRH while they are pending discharge from Viera. One of Kurt's top success stories is patient SA. Kurt assisted SA in achieving modified independence with most ADLs in the home. SA was so impressed and thankful he wrote a letter to Kurt thanking him for the great care. Later, when SA's wife found herself hospitalized, she specifically requested to have her therapy provided by Kurt and HRH. Kurt and the team worked with the hospital case worker and were able to successfully treat her in the home as well.

### Introducing the HRH Heroes of Pensacola Kayla Wilcox, Lee McDaniel, and Dorothea Anderson.







This team goes above and beyond on a daily basis to meet the needs of each patient we serve. Their communication and collaboration regarding treatment goals and patient care consistently leads to a positive experience with Halcyon's exceptional outpatient therapy services in the home. The impression this team leaves with each individual is always positive, warm, and encouraging. A special thank you also goes to Cori Hill and Patrick Wills who have both proven time and time again that they are always willing and ready to jump in when the need arises to ensure the needs of our HRH patients are met. Thank you to the entire Pensacola team for your efforts in making HRH successful in the Pensacola area as we continue to grow!

#### **Halcyon Rehab at Home Excitment!**





### **CLINICAL SPOTLIGHT**



#### SUCCESS STORIES

Do you have a great success story to share? Please send it to your Rehab Director so that we may publish your story in the next edition of the Halcyon Herald!



#### **Skilled Nursing Rehab**

#### Back Home to 'Bear'!

Mrs. Taylor - De Luna Health & Rehab



Mrs. Taylor was enjoying time with her son, Michael, and dog, Bear, when she unfortunately had a fall causing a subdural hematoma. Mrs. Taylor required brain surgery and was discharged to De Luna Health and Rehabilitation for therapy. Mrs. Taylor's stay was further complicated by a pulmonary embolism requiring another hospital stay with CPR being provided by Therapy and Nursing while awaiting the emergency services. Once the patient returned back to De Luna Health and

Rehabilitation and stabilized, she was ready for therapy. She began with requiring max assistance for all ADL's, Gait and transfers. After six weeks of physical, occupational and speech therapy, Mrs. Taylor was successfully discharged home at CGA with her son and reunited with her dog, Bear.

#### **COVID Recovery**

#### Mrs and Mr. K- Greer Rehabilitation & Healthcare

We had the honor of participating in the care and recovery of a long-married couple who were admitted to the Covid Recovery Unit – Mr. K, 99 years old, and Mrs. K, 100 years old. After exemplary nursing and rehabilitative care and working through some cardiopulmonary complications associated with their diagnosis, both were successfully discharged home within one week of each other. The DOR received a message from the family saying: "...Mom walked up the front steps on her own without us holding on to her. We can't believe how she is like her old self. She and Dad are in the living room acting like a couple of teenagers in love. We are absolutely amazed with her, just the opposite of what we were expecting to see because of how she was when she left". While this is remarkable because it was a loving couple of advanced age, it is only one highlight of the excellent rehabilitative care provided by the team at Greer!

#### Walking after 9 Years

#### Justin Whelchel, FT PTA - Poinsett Rehabilitation & Healthcare

One of my most memorable moments of success as a PTA is the day that one of my patients walked for the first time in 9 years. Wanda. Marsengill suffered a stroke with chronic L hemiparesis approx. 10 years ago, exasperated by COPD and obesity as well as a PMH of

multiple lumbar and cervical surgeries during and prior to her initial arrival at Poinsett in March of 2015. During her stay, she contracted COVID-19 in 2020 and during her recovery, she was referred to therapy from our in-house MD to focus on increasing functional mobility due to LE weakness/core strength and decreased LE motor



and postural control which began Wanda's journey. A noted decrease in weight, resulting from her time on the COVID unit, presented with a positive outcome, increased her ability to start ambulating within the parallel bars and transitioning to ambulating up to 40 feet with a platform walker with MOD A and verbal cues for weight shifting. Justin Whelchel, PTA lead the charge as her primary therapist in the Physical Therapy dept., who provided positive encouragement to the patient

resulting in her ambulation progression. Justin reported that helping her reach her goal has a certain accomplished feeling that lingers long after treatment has ended. To hear the Wanda, say to him, "It Meant the world for her... felt like a prayer has been answered" is what I look forward to everyday. Her success was very rewarding not just for Wanda but for me as well. Awesome Job Justin!!

#### TeleRehab Success

#### Kaitlyn McAlpin, COTA - Chipola Health & Rehabilitation

We would like to clinically spotlight Kaitlyn McAlpin at Chipola Health and Rehab for her assistance as a COTA and Rehab Director to provide and assist in the use of TelleRehab Occupational



Services to patients during the COVID pandemic and while meeting challenging staffing needs in her facility. Kaitlyn has gone above and beyond to ensure that her patients plans of care are met while promoting TeleRehab as a way to deliver that care. Her patients have commented positively about the use of TeleRehab and have looked forward to interacting

with not only Kaitlyn as a COTA assisting in the treatment, but also Kristen the OT who was on the other side of the TeleRehab camera! Shawanda Massey, patient pictured here, loved interacting with the therapists! #GreatjobKait!!!!

### **CLINICAL SPOTLIGHT**



#### Rehab at Home & Outpatient

#### Rehab Success

Vicky Alegado, PT - Southern Lifestyle Clinic



With the assistance of the Rehab Administrator, and Annette Dantzler, she has done a rehabulous job identifying and treating residents at Southern Lifestyles Assisted Living Facility. A recent patient, Mr. Philip, came to PT after experiencing increasing back pain and decreased balance that were limiting his ADL independence and mobility. These impairments were also negatively impacting his ability to socialize and participate in activities. With the help of Vicky and Mr. Philip's hard work and dedication, he was able to make significant progress. At the time of discharge, he

reported a significant decline in back pain and is happy that bed mobility is easier and he is able to walk at a safe, more efficient pace. To this day, he continues to complete his individualized home exercise program that was developed for him. On Feb 11, he was crowned King at the annual Valentine's Day celebration that was hosted by Halcyon Rehabilitation.

#### HRH Leader

#### Mason Spratling, FT HRH PT - Aiken, SC (Anchor)

 $Mason\,Spratling\,is\,a\,full\,time\,HRH\,PT\,in\,the\,Aiken,\,SC\,area,\,who\,took$ 



on this role with positivity and excitement just months after graduating with his DPT and starting with Halcyon at our Anchor Health and Rehabilitation Facility. Over the past 6 months, Mason has proved to be a true leader on the HRH team and is a pioneer for our organization, serving as a resource for many other clinicians. Despite being new to the field, Mason demonstrates the skills of a seasoned PT. He is extremely innovative and functional, individualizing his treatments achieving exceptional outcomes, and has even regularly implemented Telehealth in

his practice. He excels at documentation and time management, and is very flexible, adaptable, coachable, and independent. Mason's professionalism is exemplary, always following up with his clients and other professionals to ensure a smooth transition from SNF to home to discharge. He sets a wonderful example in the community, further promoting HRH. Thank you, Mason, for all that you do!!

#### Benefiting the Patient

Ioana Loftis, HRH PT - Capstone Rehabilitation & Healthcare

loana Loftis, PT, completed a visit for another therapist and was able to use her expertise to identify the need for an AFO. The addition of

the AFO allowed the patient to progress more quickly to safe and more



independent ambulation within her home. Additionally, on the visit loana was also able to provide her calming guidance so that the patient was able to control her anxiety and breathing, resulting in a lower blood pressure so that she could safely participate in her treatment session! This was a great combination of new and established skills paying off to benefit the patient!

#### **Outstanding HRH Therapy**

#### Kayla Wilcox, Physical Therapist in Pensacola, FL

After a fall, exercise may be the last thing anyone wants to do, especially if you are 91 years old and attend dialysis three times a week! But in Ms. B's case, movement was precisely what was needed in order to keep her joints nimble and avoid re-injury after a ground-level fall within her home while climbing stairs. After creating an individualized treatment plan, Ms. B participated in physical therapy (occupational therapy too!) on nondialysis days. After weeks and weeks of hard work, she was ready to try the stairs again – which she hadn't done since her fall months prior. Watching her conquer her fear and scale the stairs for the first time was what every physical therapist hopes for. As she stood in the kitchen with a bead of sweat glistening, a slow smile crept onto her face as she exclaimed - "Well look at that. Now I remember what my kitchen looks like... I haven't been here in months!" The next morning her caregiver was pleased to report that she found Ms. B awake making her breakfast, for the first time in 4 months. Many thanks to Kayla and her dedication to providing outstanding therapy!

#### **HRH** Innovation

#### Dorothea Anderson, Occupational Therapist in Pensacola, FL

Ms. M was referred to Halcyon Rehab at Home following a short hospital/ SNF staff after she had a fall resulting in a pelvic fracture. Prior to the fall, she was independent with IADLs and BADLs, ambulated with a cane, and driving all while living alone. Upon eval, Ms. M presented with severe leg pain and appeared to be extremely anxious about returning home and contemplated returning back to a higher level of care. Communication with the doctor, patient, and her family allowed for an effective treatment plan that was patient centered to meet the ultimate goal of regaining independence. Ms. M's individualized treatment plan included collaboration with physical therapy, a higher intensity of therapy services at the start of care, and weekly teletherapy sessions. She was instructed on strengthening (use of Tai- chi style techniques) in order to promote calm and reduce anxiety), safety, body mechanics, and use of energy conservation. Recommendations were made for adapting her environment and for adaptive equipment which allowed her to progress from minimum assistance to independent at the time of discharge. Ms. M recently called Dorothea to report that she is still doing well. We are so proud of Dorothea for her creativity, innovation and above all, compassion!

### **REHAB TEAM CHAMPIONS**



#### **Skilled Nursing Rehab**

#### Team Work is the Dream Work

The Team at De Luna Health and Rehabilitation



The De Luna Health and Rehab team has had many changes in the last year with the Grand opening of the facility and then being an all Covid facility. This team always goes above and beyond with rolling with the many changes with smiles on their face and ready to assist and Provide excellent services. Many therapists worked long hours fully suited up with PPE top to bottom with good spirts and kind hearts. Thank

you De Luna for your attitude of Gratitude!





#### Teams of Excellence

### Wave Crest Health & Rehabilitation AND Viera del Mar Health & Rehabilitation

The Rehab Team of the Quarter typically recognizes one specific rehab center that works together with their facility to demonstrates excellent team work, raises the bar for clinical or operations excellence, or has overcome challenges to reach new level of success. This quarter in Region 2 the Rehab Team of the Quarter recognition goes not to one specific center but to the team members at Viera del Mar who have made their sister site Wave Crest their second home. When several changes occurred at Wave Crest including changes to the ST and PT departments the team at Viera not only stepped up but embraced their nearby facility. Therapy Services Coordinator at Wave Crest, Diane Graham, reports that the facility is thrilled with eeveryone that has come from Viera and characterizers them as wonderful.

"They just jump right in and the patients have commented how great they are. Everyone being so cooperative and positive with everything else that is going on around us this year has truly made a difference."

Thank you Team Viera for morphing into Team Wave Crest. The magnificent team members who travel and cover both centers are:

Megan Ahammer-McCartney, PT Kristin Bruner, COTA Shawna Donahue, SLP David Genest, PTA Erin Mahony, PTA Aaron Babins, PTA Pete Cruz, PT Kurt Frank, OT Sesalee Maffeo, Tech Ashley Padley, COTA Matthew Pino, PTA Noemi Ruiz-Marzan, COTA Cheryl Wolff, SLP Kellie Ponder, OT Christina Waller, PTA

And last but not least, Viera del Mar DOR, Chad Guthrie, for being flexible and working with Diane to ensure Wave Crest is covered!



#### A Dedicated Team

#### Team at Greer Rehabilitation & Healthcare

Led by Kenya Taylor, DOR, has been steadfast in their dedication to team work, excellent patient care, and caring for one another since March 2020. Greer was the facility with the first outbreak of Covid-19 in the SC Upstate area and both the facility and the therapy staff worked together tirelessly to do whatever was needed to help patients recover. It was a roller coaster ride and it eventually lead to the Greer facility becoming a Covid-19



Recovery Center, accepting admissions from hospitals and most sister facilities in the area. The team members: Kenya Taylor, DOR/SLP; Brian Egge, PT; Tara Debeck, PTA; Natalya Kalentina, OTR; Jennifer Barnes, COTA; Hailey Wolfe, OTR, and countless other FTE's and PRN's who have assisted along the way deserve recognition for helping hundreds of patients recover during this global pandemic. Our heartfelt THANKS go out to each member of this excellent team!

### **REHAB TEAM CHAMPIONS**



#### Fabulous Team

### I am honored to announce that the Rehab Team of Excellence goes to my entire FAB5 Team!!

Over the last year, they have demonstrated Resilience, Grace and compassion as we navigated our way through uncharted territories with facing the COVID-19 Pandemic. They worked unselfishly to provide the





optimum care to our residents with genuine care and concern for their well-being promoting every effort in supporting their respective facilities in keeping them safe. I remain inspired by the collaborative approach of assisting with coverage needs and the willingness of each therapist to go above and beyond without recognition in meeting the needs. They have shared in each other's personal experience by encouraging each other, listening and recognizing each other's success. They are a team who genuinely cares for one another and values each other as if family. Some various levels of Rehab Excellence included bringing in flowers with notes of encouragement to the staff and residents, sending

Thank You cards and sweet treats to sister facilities who cared for their residents with COVID, recognizing each other during PT, OT and ST month celebrations, acknowledging our nursing staff during Nursing week, participating in the various contests to promote our 10th year Halcyon Anniversary, utilizing the Rave calendar to promote fun activities within therapy, supporting championing our HRH division, creating therapy boards to promote positivity and encouragement, celebrating birthdays and holidays all while ensuring they practice Social Distancing and Infection Control. The DORs also participated in our "Eye of the Tiger Video" for all to see as we promoted Walking with Courage. They are TRULY our FAB5 HEROES and I am thrilled to have them represent our centers, our region and our organization. Awesome Job FAB5 Teams & Thanks for ALL you Do!!!

### Moving Forward Team at The Rehab Center of Lake City



The Rehab Center of Lake City has been growing by leaps and bounds, not only increasing patient admissions but also increasing our therapy staff! Under the direction of Michelle Waters this team is moving forward!!! We have many new additions to the team that will continue to provide excellent care while contributing positively to the customer service expectation!

This team has seen over 100 patients in a month with wonderful outcomes and many positive comments from the families they serve! Hats off to a job well done for the Rehab Center of Lake City therapy team! #excitinggrowth! #positiveoutcomes! #rehabteamexcellence!

### Team Work Pride Team at Singing River Health & Rehabilitation

This team is a said to be a group of Therapist who work together while



depending on each other in order to satisfy or accomplish a certain goal. Well, that is exactly what they are there at Singing River. Even though they are a very small team, they pride themselves on team work and assist at other facilities whenever we are able to. They are willing to go the extra mile to make sure that their residents not only get better physically, but also by making sure that they are enjoying the process of rehab and making sure that residents are enjoying themselves and not feeling lonely or sad while away from

family and friends. They do this by performing functional treatments that the patient's enjoy and makes them look forward to coming to therapy.

A few times a month, they utilize their kitchen to complete various ADL specific cooking tasks with the residents. Each team member usually takes turns on bringing the supplies and ingredients without complaints because this is





something that they really enjoy doing. These are just a few things that I feel makes the team at Singing River a Rehab Team Excellence.

Р9

### **REHAB TEAM CHAMPIONS**



#### Rehab at Home

#### HRH TeleRehab Trendsetter

#### Rebecca Baltenberger, FT OT at Patewood Health & Rehabilitation



"The ability to engage in TeleRehab has been a huge blessing for my patients and me, especially with the uncertainties that have accompanied the pandemic. Through TeleRehab, my patient and I were able to continue working towards her goals even when our home visits were restricted due to COVID precautions. She and I were able to complete multiple TeleRehab sessions focused on everything from home exercise program training to functional task sessions focused on training both the patient and her family member/caregiver

on safety and independence within her kitchen setting. Through the use of video chatting, I was able to engage both the patient and her family with setup and sequencing adaptive strategies and environmental modifications to increase the patient's confidence and comfort within her home to engage with kitchen tasks. During the TeleRehab sessions, while I was there to facilitate and moderate as needed, the family was able to be involved and engaged with active assistance to the patient. Through this, the family was able to see exactly what barriers formed and were able to work together to problem solve issues just as we had been practicing and educating on in prior in-person sessions. Both the patient and her family were grateful and excited about the fact that we were able to continue with functional and useful treatments, even when I was unable to come to complete sessions in person. The TeleRehab sessions increased both the patient and the family member's confidence in each other and their abilities. While nothing can ever replace with amazing impact in-person/hands on treatment can provide to our patients, I know that all of the stakeholders; my patient, her family, and myself were glad to have the ability to complete sessions that can cater to the needs of each patient through the use of TeleRehab as a supplement to those in person sessions."

#### TeleRehab Champion

#### Cori Hill, DOR - Silver Crest Health & Rehabilitation

Cori Hill has done an excellent job interjecting the use of TeleRehab



between centers, volunteering to provide Halcyon Rehab at Home to a patient in another county, and always displaying a positive attitude while maintaining a flexible disposition. Cori is an asset to Halcyon. The definition of a champion reads, "a person who supports a cause of; defends it," etc. When we consider Cori's role in the promotion of HRH, as well as the use of TeleRehab services, she not only "thinks about" how this benefits

her patients, she actually implements the use of it!!! #SuperjobCori! #wesaluteU!

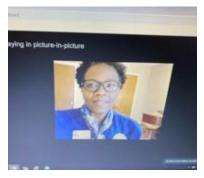
#### **Tech-Friendly Patients**

#### Olivia Bentley, OTR - Manna Rehabilitation and Healthcare

Olivia jumped at the chance to expand her treatment opportunities from in-person to remote using TeleRehab! Olivia had the opportunity to treat a patient who was tech-friendly and she identified this on her first visit/evaluation. She then went right to work ensuring that she could intersperse tele-therapy visits with her in-person visits. Using this newer format allowed Olivia to ensure that the patient was safe and capable with ADL's even when she was not right there to lend a hand! Way to go, Olivia!

#### Pensacola TeleRehab Champion





She has become an expert at using TeleRehab as a hybrid treatment model. TeleRehab has been beneficial for her patients as this mode of delivery allows for scheduling flexibility, communication with family members, and continued focus on carryover of education & training. Dorothea has been instrumental in sharing TeleRehab treatment ideas

with her peers while motivating other clinicians to explore TeleRehab. Dorothea's efforts to think outside the box don't go unnoticed!

#### **Halcyon Rehab at Home Excitment!**









### HALCYON REHAB AT HOME



#### **ROCKIN IN THE NEW YEAR**

Halcyon Rehab at Home is Rockin' into the New Year, as we continue to grow in 2021. We have seen growth amongst our team, adding new full-time clinicians in both Florida and South Carolina and continuing to credential our new facility-based team members. We have recently rolled out Halcyon Rehab at Home in Mississippi and are excited for what the future holds, as we expand our rehabilitation services. Our "New Year" marketing campaign focused on promoting awareness and enthusiasm for Halcyon Rehab at Home, by hanging banners in our facilities, hosting celebration lunches, delivering cookies and balloons, and raffling gift cards and goodies! Because of all our team efforts, we are seeing an increase in internal referrals from all of our partnering skilled nursing facilities as well as new external referrals sources from the community and other assisted living/independent living facilities.













### **HALCYON REHAB AT HOME**





We are excited to be rolling out Halcyon Rehab at Home in Mississippi at Ocean Springs and Boyington.

#### **PATIENT TESTIMONIALS**

"Lee is a very valuable therapist" and includes she feels she did very well in his care.

"Lee is awesome and deserves a raise, I hope you treat him well."

"We appreciated Mason, his time and all the work he did for us. He is a great therapist."

The patient's wife said, "he had a lot of success with Halcyon rehab at home."

"Dorothea is "precious". "We are very happy with the therapy received", "She is someone you almost feel like you've known your whole life."

"Lee did a fine job, he is an excellent therapist", "I am happy with the results."

"Mason was very courteous, and was a huge help to myself, he did a wonderful job."

"I am very satisfied with the girl's approach" (Dorothea and Kayla) "They were observant, attentive, knowledgeable and encouraging to me." "Top shelf therapy and would highly recommend!"

"Dorothea is wonderful person and wonderful at her job."

"I am doing real good." "Life quality has improved"

"Had no problems with my therapist!" (Lee)

"It was enjoyable." "The therapy really helped, I am back to my normal life." "I wish my therapist well!" (Katherine and Kurt)

### **RAVE UPDATES**



#### **New RAVE Initiatives:**

The RAVE committee is excited to share a BRAND NEW way to nominate RAVE Associates each Quarter! All Halcyon associates may submit a nomination by using the below survey link to access the nomination form. All Category explanations are listed on the nomination form for easy access. The survey link will better streamline the nomination process for all associates who wish to nominate others!

Nomination link: <a href="https://www.surveymonkey.com/r/L5Y6Y62">https://www.surveymonkey.com/r/L5Y6Y62</a>

#### A NEW RAVE Associates of the Quarter Newsletter:

Launching in April of 2021, the new newsletter will not only highlight winners of the RAVE nomination categories, but will also recognize all nominees who were submitted and their achievements.

### RAVE FEATURED ASSOCIATES





THE RAVE PROJECT IS PLEASED TO ANNOUNCE OUR "FEATURED ASSOCIATES OF THE QUARTER." THESE ASSOCIATES WERE SELECTED RANDOMLY FROM A COMPILATION OF NOMINATIONS SENT IN TO THE RAVE COMMITTEE. CONGRATULATIONS TO EACH FEATURED ASSOCIATE!

OUR "FEATURED ASSOCIATES OF THE QUARTER NOMINEES" INCLUDE:

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#### "Setting a Rehabulous Example" Nominees:

STEVEN REITHMILLER, PTA

PAULINE BONDOC-ROAQUIN, PT Northside Gwinnett

TAYLOR "DANIELLE" EASTERLY, SLP-CFY STEVEN OLSOMMER, PT

EASTERLY, SLP-CFY McCormick

BRIAN EGGE PT

JENNIFER BARNES, OTA

Gree

LAURA SHEPHERD, OT

Boyington

#### "How Can I Help You" Nominees:

GEER LACREASE, OTA

AVERY WELLS, OT Grand Boulevard

#### "Expect to Be Valued" Nominees:

HYUNJIN CHO, OT Northside Gwinnett THE THERAPY DEPARTMENT

The Ridge

LISA GEYER, OTA

#### "Raising the Bar, Leaping to Excellence" Nominees:

SARA GARREN, PTA/DOR Southern Oaks KRISTINA VINING, OTA / DOR Simpsonville

....................

#### The "Setting a 'Rehabulous' Example" Award:

KATHIA GUERRIER, OTA

SPECIALTY HEALTH & REHABILITATION CENTER



"Kathia has worked at Specialty for over a year now. She has taken on extra responsibilities at the center when asked by the DOR and other staff. She is willing to work extra or cover emergencies that have arrived during COVID. Kathia also has been willing to drive over an hour to help a sister center that needs assistance. Kathia has a great personality and attitude that is infectious to staff and residents alike; here at Specialty Health and Rehab."

#### The "How Can I Help You" Award:

BRIAN EGGE, PT

GREER REHABILITATION & HEALTHCARE CENTER



"There is not a day that goes by that someone at the center does not approach me and tell me how much they appreciate Brian. He has a wealth of knowledge as a DPT and presents himself in a kind and helpful way. We have had patients and family members mention him directly by name as he is making a positive impact on all of the people around him. Why? Because Brian is always willing to lend a helping hand to others without complaint!"

#### The "Expect to Be Valued" Award:

SHENEVA GOLDSMITH, OTA SIMPSONVILLE REHABILITATION & HEALTHCARE CENTER



"Sheneva goes above and beyond with every patient and treatment. She has never needed to be reminded to add fun to her functional treatments. She expects no recognition for the exceptional care that she provides during her treatment. We recently had a patient leaving that told me "Miss Goldsmith is over the top, she takes good care of me and taught me so much!" Sheneva will coordinate with the CNAs before beginning her treatments and will try to add as many ADL treatments as possible, addressing goals and helping to give our nursing staff a helping hand. Sheneva is truly our unsung hero here in Simpsonville and deserves to be recognized for her hard work and caring heart."

#### The "Raising the Bar, Leaping to Excellence" Award:

KENYA TAYLOR, SLP / DOR GREER REHABILITATION & HEALTHCARE CENTER



"Kenya has been a tremendous asset to Halcyon for more than six years, but even more so during this past yeart She has been a leader in a busy COVID Recovery Unit for the past 9 months and her ability to roll with the punches is what has made her successful. The management team at Greer has recognized Kenya time and again for her support and participation in creating the best possible experience for short term patients while they recover and return to their homes. I cannot say enough about Kenya's resiliency and ability to adjust her plans for staffing, coverage, and service delivery at the drop of a hat - Thank you for "Raising the Bar, and Leaping to Excellence" every day!"

### **CLINCIAL DEPARTMENT**



#### TELEHEALTH IN THE SNF

During the Public Health Emergency (PHE), physical, occupational, and speech therapy practitioners are permitted to provide telehealth services via audiovisual devices to patients in the skilled nursing environment. How teletherapy services are documented and billed in the SNF varies for a Part A vs. Part B patient.

#### **SNF Part A Telehealth Services**

Per Medicare, Teletherapy services provided to a skilled Part A patient in the same facility or a different facility than the therapist are allowed but are considered in-person services and not telehealth services. Thus, the service does not need to be identified or coded as a telehealth service for billing or documentation purposes. All therapy CPT codes may be provided and billed via teletherapy for a Part A patient. Teletherapy services count as actual treatment minutes in the Minimum Data Set (MDS). Therapy documentation and billing follow the same Part A guidelines as services provided in person.

#### **SNF Part B Telehealth Services**

Per Medicare, Teletherapy services provided to a SNF Part B patient in the same facility or a different facility than the therapist are allowed and are considered telehealth. A limited set of PT/OT/ST CPT codes are permitted to be billed as teletherapy for Part B patients. CPT codes not included on the list may not be billed as telehealth for Part B patients.

#### SNF Part B Telehealth Services - Modifier Required

Anytime a teletherapy visit is provided to a SNF Part B patient, the therapist must manually add the -95 modifier next to each CPT code billed on that visit in Casamba on the Input Daily screen. Casamba does not automatically add this modifier. The modifier is required in order to compliantly bill teletherapy and assists in identifying which treatment sessions were provided via Teletherapy.

### SNF Part B Telehealth Services – Documentation Requirements

- In addition to the standard Part B documentation requirements, the therapist should additionally document:
  - The service was provided through telehealth.
  - Reason for the telehealth delivery (i.e., patient at risk of contracting infectious disease,

compromised immune system, isolation protocols, etc.).

#### **Additional Teletherapy Items**

- Patients do not require a COVID diagnosis in order to receive teletherapy services.
- Assistants are permitted to provide teletherapy services as long as supervision requirements are adhered to.

Direct Supervision of PT/OT Assistants can be provided using real-time, interactive audio-video technology as long as the supervising clinician is immediately available to engage via interactive audio-video. The supervising clinician is not required to have a real-time presence or provide constant direct observation of the Assistant via interactive audio-video technology.

97161	PT evaluation: low complexity.
97162	PT evaluation: moderate complexity.
97163	PT evaluation: high complexity.
97164	Re-evaluation of PT established plan of care.
97165	OT evaluation, low complexity.
97166	OT evaluation, moderate complexity.
97167	OT evaluation, high complexity.
97168	Re-evaluation of OT established plan of care.
97110	Therapeutic Exercise.
97112	Neuromuscular Re-education.
97116	Gait Training.
97150	Group Therapy.
97530	Therapeutic Activities.
97535	Self-Care/Home Management Training.
97542	Wheelchair Management Training.
97760	Orthotic(s) Management & Training - Initial Encounter.
97761	Prosthetic(s) Training - Initial Encounter.
92521	Evaluation of Speech Fluency.
92522 92523 92524	Evaluation of Speech Sound Production. Evaluation of Speech/Language. Voice Assessment.
92507	Treatment of Speech Language
92508	Voice, Communication; Individual. Treatment of Speech, Language, Voice, Communication; Group.

### **CLINCIAL DEPARTMENT**



#### HALCYON REHAB AT HOME – NEW SHAREPOINT CLINICIAN TRAININGS

#### DocuSign & Doxy.Me Recorded Webinar Trainings

• Newly added to SharePoint are recorded webinar trainings on both the DocuSign and Doxy.me applications. If you need a refresher or additional training on how to use either of these platforms, please refer to Sharepoint to watch the recorded training webinars. These can be found on SharePoint on the Halcyon Rehab at Home page under IT &iPad Resources.

Recorded Training Titles: DocuSign Recorded Webinar Training, Doxy.me – How to Invite a Patient Tutorial & Doxy.me – Starting a Telerehab Session.

#### **New HRH Medical Management Training Videos**

- New HRH clinician training videos have been added to SharePoint related to various medical management topics. If you need additional training related to how to take blood pressure, vital signs or assess lung sounds, please refer to SharePoint to watch the training videos. The videos are located on SharePoint on the Halcyon Rehab at Home page under HRH Clinician Training Videos. Keep checking for newly added videos or send a request to KParisian@halcyonrehab.net for any additional training video needs.
- Trainings Videos: How to Check BP Manually, How to Take Vital Signs, Types of Lung Sounds, Lung Assessment Auscultation, & BP Basics & Proper Reading.

### **APPEALS & COMPLIANCE**



### CAN THERAPY DOCUMENTATION BE EFFECTIVE IN OVERTURNING UNFAVORABLE PDPM MEDICAL REVIEWS?

Coding of Section GG and Section K on the MDS supports two of the main drivers of the PDPM payment – PT/OT CMG and ST CMG. Completion of the MDS must be supported by documentation in the Medical Record, which includes documentation completed by a PT, OT, or ST. Therapy documentation can not only support the coding, but also be beneficial in the event the CMG reviewed, denied, and subsequently requires an appeal of non-covered services. Non-covered services may be a full denial of the CMG billed or partial denial or "downcode" of the CMG to a lower rate, such as a changing the PT/OT CMG from TK to TI. "Downcoding" or "re-coding" may occur if the medical record does not support the patient status recorded on the MDS. Documentation that supports patient performance in daily notes or provides additional clarification of normal performance into the episode of care can be the information needed to overturn a modified PT/OT CMG. Inclusion of a comprehensive diet assessment, interview



with the patient, family, or staff, a standardized test, or documentation of a concern that develops outside of the initial treatment session can provide the information that may be the difference in a ST CMG of SF instead of a SD. Include examples such as food feeling "stuck," feeling full, difficulty with specific types of foods or medication, or excessive heartburn to provide a clear picture of the impact of swallowing difficulties. Consider deficits that may be present but are managed by diet, have not changed, or do not require ST intervention during the current skilled stay. Supporting Section GG and Section K coding goes beyond the plan of care and the computation of the CMG. Comprehensive, patient specific documentation can provide the needed support for the CMG in the event the claim becomes part of a medical review. That same documentation can overturn a "downcode" of the CMG during an appeal. During an appeal, daily documentation may be highlighted if it includes the patient's needed level of assistance for brushing their teeth

during the second OT treatment session or the ability to ambulate 150 feet on day 3, when that item was coded "unable" during the evaluation. Support for Section K could be ST report that during a treatment session, significant residue was noted following the completion of a meal that contain mixed consistencies. Look beyond the plan of care for ongoing support of the MDS, CMG, and Section GG and K coding. Document Section GG and K examples in progress notes, daily notes, updated plans of care, and discharge summaries to capture functional performance throughout the episode of care. One statement included in the therapy documentation can be the support needed to ensure approval of the CMG, overturn denials, and allow payment for services at the appropriate rate.

### **HUMAN RESOURCES**



### HOW THE CORONAVIRUS IS CHANGING RECRUITMENT STRATEGIES AND INITIATIVES

Even though companies were not prepared to deal with the restraints that Covid-19 posed, our existing technology helped us navigate through difficult times. It was important for Halcyon not only to focus on our current employees but also potential candidates to help with patients during these challenging times. Relying on technology made it easier for prospective employees to join even though this technology may not been utilized in the same manner as in the past.

Our go-to method was virtual recruitment in order to keep the hiring processes moving while protecting hiring managers and applicants. There is no doubt that technology has rapidly grown since COVID-19. Skype was once one of the only companies to provide webcam solutions to everyone; however, with newer platforms such as Zoom, Google Meet, Hangouts and FaceTime, it has become easier for candidates to get real time interviews and start forming real relationships at the onset of their journey with Halcyon. Through using webcam solutions, the applicants seemed more engaged and excited about coming onboard with Halcyon more than ever before!

Halcyon found that location was no longer a barrier for applicants who live across the country. Halcyon has been able to build relationships with prospective employees from the start by using video platforms. Now more than ever, applicants are open to relocating. Applicants can tour the facility using a video platform in order to see the building in real time and meet their prospective managers. The mindset that once held applicants back and tied them down to a place was no longer an obstacle.

Another strategy we utilized were virtual job fairs, which have been a great resource to many companies. Virtual job fairs have allowed applicants to easily access Halcyon which might have not been feasible to them, had it been in person.

Staying in touch with candidate via phone, text and FaceTime has played an essential part of recruitment. Most importantly, we will continue to find new ways to connect with potential employees. We learned valuable lessons and the importance of staying connected during these difficult times.

### **APRICITY IT DEPARTMENT**



#### IMPORTANT PRINTER INFORMATION

Each printer in the Therapy Gym is contracted for toner and repair by CBS/Xerox. The machines toner levels are monitored and replacement toner is shipped when they reach 15% remaining capacity. This happens automatically and arrives at the facility within five business days.

For any service related issue with the printers themselves, look for a silver or white CBS Tag on the printer with the contract number. Please reach out to IT Support if you are unable to locate your sticker.

For issues like adding a missing printer to a computer or help with printing a particular document, please contact IT Support to assist.

#### Important Phone Numbers & E-Mail Addresses

#### **Halcyon IT Support Desk**

Email: Support@HalcyonRehab.net Phone Number: 914-390-4399 Option 2

#### **Casamba Smart Support**

Phone: 800-648-2596

E-mail: Support@casamba.net

#### Casamba Skilled Support

Phone: 800-648-2596, Option 2 E-mail: Support@casamba.net

#### **CBS Printer Support**

Phone: 1-800-648-4236

Reminder: Contract# is on the service tag

### **THANK YOU HEROES**



#### THANK YOU TO OUR HALCYON HEROES



This past year has certainly been unpredictable, but it has taught us that with strength, courage, and dedication of employees we are able to overcome anything as a company. During these difficult times, Halcyon employees have been a pillar of strength and embodied true heroic attributes.



It is truly difficult to find the words to express how overwhelmingly amazing Halcyon's employees have been throughout this pandemic. Halcyon's Human Resources Department has witnessed comradery first hand and been told numerous heroic stories in which we would like to share with the company.

While almost every single facility had a significant COVID-19 outbreak at one point in time over the past year, employees kept coming back to work. COVID-19 has caused our company and employees to experience very difficult situations, such as community unrest, the loss of patients that had become family, and their own personal challenges. DORs rolled up their sleeves and treated patients as much as needed to allow other employees to drop everything in order to go and help at other facilities to ensure that no patient went untreated. Nevertheless, our employees stood strong and united.

Halcyon Rehabilitation wants to say *thank you* to our employees for their selflessness, courageousness, unity, encouragement, and overall dedication. It is truly remarkable beyond measure!

To those employees that have stood by our organization throughout the COVID-19 pandemic and to those employees who have chosen to join our Halcyon Family during the COVID-19 pandemic, your bravery and steadfastness makes you a true HERO. For that, we will forever say thank you!



### **COMMUNITY OUTREACH**



#### MIGHTY MEALS PROGRAM



Halcyon Rehab raised \$2,000 for the Junior League of Tallahassee-Mighty Meals Program. Funds were raised by a virtual Bingo game hosted by Connie and Judy!

All donations help feed kids and their families in the poorest zip code in the entire state of Florida – 32303. This year, the Junior League of Tallahassee is hoping to expand our Mighty Meals Day to multiple pick-up locations to help with transportation issues for the families. We are excited to see success in Year Two of the project!

If you are interested in learning more or making a donation to support Mighty Meals please click on the link: https://www.jltallahassee.org/community-impact/mighty-meals/

#### **VOLUNTEERNG IN CLASSROOM**

Andrew Pitre, DOR, PT/OT at Flagler Health and Rehab recently took a vacation. It is well known that Andrew loves to bass fish in tournaments. But during this recent vacation Andrew made the time to do something special. He volunteered his time to speak to 5 different second grade classrooms about the body and how it works. What a great way to help students learn and an excellent way to volunteer one's time. Andrew is a wonderful example for his rehab team.

#### **COLLECTING FOR THOSE IN NEED**

Suzy is busy supporting those in need within her community and around the world.

Suzy's local community outreach project consists of collecting small pouches/purses which you may be collecting in your closet or just throwing away. These bags are typical given as part of a promotional campaign at stores such as Ulta, Bed Bath and Beyond, Sephora, etc. Suzy is graciously these bags with feminine hygiene products and donating them to schools thoughout her community to support 4th and 5th grade girls. If you can assist Suzy in her efforts please contact her to learn more. The project will resume again this Spring!





Suzy is also collecting items for an orphanage in Jinja, Uganda. The orphanage assists with housing and education for disabled children. This project is close to Suzy's heart as one of her family members, Ellie a 23-year old special education teach, is volunteering her time there. Ellie recently took one of the children to the hospital who was in need of oxygen therapy. Unfortunately, no oxygen was available. But, the hospital was able to get a nurse from a nearby village to bring an oxygen tank to the orphanage to support the patient but Ellie did not have a pulse ox to alert her and the staff when the child's O2 was dropping. Suzy is putting together a backpack for Ellie and her roommate who both foster two children and have special medical needs!!!:):) She is planning on sending 2 pulse ox, a blood pressure machine, bandaids, thermometers, Tylenol & ibuprofen, small toys, etc. Please contact Suzy if you are able to assist.

### TEAM DIRECTORY





#### **Management Team:**

#### Connie Rusynyk, President

Janet Traynham, Senior VP of Operations
Kathleen Parisian, VP Clinical Services & Compliance
Chris McDonald, VP Accounting
Kasey Camacho, VP Human Resources

#### Region 1 - MS

### Natalie McGraw, Regional Director REHAB DIRECTORS:

Angelek Taite, Singing River Health & Rehab Center Chelsea Newman, Pass Christian Health & Rehab Center John Legg, Lakeside Health & Rehab Center Sherri Anderson, Ocean Springs Health & Rehab Center Thomas Causey, Pine View Health & Rehab Center Jill Boyer, The Boyington Health & Rehab Center Jennifer Williams, Shelby Health & Rehab Center Jennifer Williams, Greenbough Health & Rehab Center

#### Region 2 - FL

### Suzy Burch, Regional Director REHAB DIRECTORS:

Diane Graham, Wave Crest Health & Rehab Center
Victoria Franco, Margate Health & Rehab Center
Chad Guthrie, Viera del Mar Health & Rehab Center
Megan Greer, Lake Eustis Health & Rehab Center
Kaitlyn McAlpin, Chipola Health & Rehab Center
Ashley Shirk, Grand Blvd. Health & Rehab Center
Linda 'Michelle' Waters, The Rehab Center of Lake City
Lana Ward, Suwannee Health & Rehab Center
Carl Hawkins, The Rehab Center of Winter Park

#### Region 3 - Panhandle

#### Angel Gabriel, Regional Director

#### **REHAB DIRECTORS:**

Tammi Murphy, Bayside Health & Rehab Center Steve Whitley, Specialty Health & Rehab Center Christy Taylor, Bay Breeze Health & Rehab Center Lauren Smith, Arcadia Health & Rehab Center Ingrid Jones, Olive Branch Health & Rehab Center Ric Kilpatrick, De Luna Health & Rehab Center Danna Smith, Rosewood Health & Rehab Center Cori Hill, Silvercrest Health & Rehab Center

#### Region 4 - SC

#### Katarika Lewis, Senior Regional Director

#### **REHAB DIRECTORS:**

Carman Berryman, Anchor Rehabilitation & Healthcare Center Aiken Nancy Sliker, Cobblestone Rehabilitation & Healthcare Center Kristen Noelle Booth, The Ridge Rehabilitation & Healthcare Center Candice Wideman, McCormick Rehabilitation & Healthcare Center Matthew Cape, Hart Care Center

Nicole Pokalsky, Fleetwood Rehabilitation & Healthcare Center Kimberly Poore, Patewood Rehabilitation & Healthcare Center Robert Campbell, Poinsett Rehabilitation & Healthcare Center Sheetal Patel, Northside Gwinnett Extended Care Center

#### Region 5 - SC

#### Karen Hughes, Regional Director

#### **REHAB DIRECTORS:**

Mary Pendergrass, Iva Rehabilitation & Healthcare Center Scott Bradbury, Linley Park Rehabilitation & Healthcare Center Sara Garren, Southern Oaks Rehabilitation & Healthcare Center Kristina Vining, Simpsonville Rehabilitation & Healthcare Center Kenya Taylor, Greer Rehabilitation & Healthcare Center Ioana Loftis, Capstone Rehabilitation & Healthcare Center Amanda White, River Falls Rehabilitation & Healthcare Center Dawn Banks. Manna Rehabilitation & Healthcare Center

#### Halcyon Rehab at Home & Outpatient

#### Susie Richens, Regional Director

#### **RA ADMINISTRATORS:**

Annette Dantzler, Southern Lifestyles Rehab Agency Outpatient Clinic Christy Taylor, Bay Breeze Outpatient Clinic

### REHAB AGENCY'S



#### RA@ Bay Breeze: NOW OPEN!!!

Address: 3387 Gulf Breeze Parkway, Gulf Breeze, FL 32563

Phone: (833)824-9561

\*\*Experience in incontinence programs and orthotics

The RA at Bay Breeze Reopened on 1/20/21. We are currently offering physical, occupational, and speech therapy services. Our hours of operation are Monday, Wednesday, and Friday from 1:00 pm to 4:00 pm. Our speech therapist is VitalStim certified, and our physical therapist is certified in physical agent modalities. Services offered at the RA at Bay Breeze include COVID 19 Recovery, Pre Surgical Conditioning, Post-Surgical Rehabilitation, Neurological Conditions, Orthopedic Conditions, Balance Issues, and Weakness and Re-conditioning.



#### RA@ Southern Lifestyles:

Address: 1297 US 27 N. Lake Placid FL 33852

Phone: 1-866-888-2002

Certifications: Vestibular certification and Big Parkinson Certification.

\*Dementia programs and orthotics

Annette Dantlzer, Lake Placid RA Administrator

### **CONGRATULATIONS TO ALL**

WHO WERE SELECTED TO BE HONORED IN THIS QUARTER'S

# HALCYON HERALD

#### **REMINDERS:**

Do you have a great clinical success story to share or would you like to recognize someone by submitting a "Hat's Off "story for our next edition? Please send it to your Rehab Director so that we may publish your story in the next edition of the Halcyon Herald!

If you would like to nominate someone for the RAVE Project please submit your request to the RAVE Committee by DORs through your Regional Directors.

VOLUME 5 - ISSUE 1: MARCH 2021



